

## COLLINS HILL TRACK AND FIELD RECORDS

<b>High Jump</b>	5-8	Maya Moore	Region 7-AAAAA	4-25-05
<b>Long Jump</b>	18-7	Nicole Okolo	GHSA State Meet	5-5-06
<b>Triple Jump</b>	39-7	Nicole Okolo	Eagle Icebreaker Inv.	3-3-07
<b>Shot Put</b>	39-1	Ana Ruiz	GHSA State Meet	5-4-07
<b>Discus</b>	119-2	Ana Ruiz	Coaches' Invitational	3-17-06
<b>Pole Vault</b>	11-0	Karena Shell	GHSA State Meet	5-6-05
<b>100m Dash</b>	11.53	Courtney Champion	STATE MEET	5-10-03
<b>200m Dash</b>	23.53	Courtney Champion	AOC (Raleigh, NC)	6-14-03
<b>400m Dash</b>	56.05	Lauren Tillman	GHSA STATE AAAAA	5-3-02
<b>800m Run</b>	2:10.45	Amanda Winslow	Atlanta Int'l Classic	5-30-09
<b>1600m Run</b>	4:44.97	Amanda Winslow	GHSA State Meet	5-15-09
<b>3200m Run</b>	10:19.79c	Amanda Winslow	Nike Nationals (NC)	6-19-09
<b>100m Hurdles</b>	13.83	Nicole Okolo	Cobb-Gwinnett	3-11-06
<b>300m Hurdles</b>	43.64	Imani Ellis	GHSA State Finals	5-5-07
<b>4x100m Relay</b>	46.33	Tillman, Champion, Ruiz, Brown	REGION	4-30-03
<b>4x400m Relay</b>	3:47.34	Ruiz, Champion, Brown, Tillman	STATE	5-10-03
<b>4x800m Relay</b>	9:10.91**	Akande, S. Will., V. Winsl., A. Winslow	NON	6-20-08
<b>Distance Medley</b>	11:42.94***	Akande, Glover, Williams, A. Winslow	NON	6-20-09
<b>Sprint Medley</b>	<b>4:00.08</b>	<b>Bennett, Garcia, Kellar, Akande</b>	<b>NBN</b>	<b>6-18-10</b>
<b>4x200m Relay</b>	1:40.07	Tillman, Champion, Brown, Ruiz	AOC	6-13-03
<b>Shuttle Hurdle</b>	<b>1:06.70*</b>	<b>B. Egolum, Diemer, Marz., C. Johnson</b>		<b>Vol</b>
<b>4-15-10</b>				
<b>4x1600m Relay</b>	21:01.45	McGinty, Akande, V. Winsl., A. Winsl.	Tech	3-20-09
<b>Swedish Medley</b>	1:44.67	Nimley, Brown, Champion, Tillman	Tech	3-21-03

# COLLINS HILL GIRLS TRACK AND FIELD

## ALL-TIME LISTS

### FIELD

Long Jump	Mark	Meet	Date
1. Nicole Okolo	18-7	GHSA State Championships	5-5-06
2. Nicole Brown	17-9	CHALLENGE OF CHAMPIONS (AL)	4-5-03
3. Bria Young	17-2	Coaches' Invitational	3-20-09
4. Rashant Matos	17-1	Carrollton Invitational	4-18-09
5. Brittany Edwards	16-10.5	REGION 8-AAAAA AT GACS	4-27-01
6. Rayven Tirado	16-5	Cobb-Gwinnett Challenge	3-11-06
7. Serenity Thompson	16-3.25	Region 8-AAAAA Championships	4-23-04
8. Sheila Eshraghi	16-1.5	GHSA State Championships	5-6-05
9. Jazmin Walker	15-10	at Westminster	4-12-06
10. Lauren Pace	15-9	McEachern Invitational	4-14-07

### High Jump

1. Maya Moore	5-8	Region 7-AAAAA Championships	4-25-05
2. Brittany Edwards	5-4	Shiloh Relays	3-16-02
3. Pauline Ventura	5-3	at Mill Creek with North Gwinnett	4-12-07
4. Renee Jackson	5-2	Region 8-AAAAA Championships	4-23-04
5. Imani Ellis	5-0	Region 7-AAAAA Championships	4-21-08
6. Katie Gezon	5-0	Region 7-AAAAA Championships	4-21-08
7. Marissa Rimbort	5-0	Peachtree Ridge JV Invitational	4-21-07
8. Krista Swanson	5-0	at Central Gwinnett	4-22-96

### Shot Put

1. Ana Ruiz	39-1	GHSA State Championships	5-4-07
2. Aerial Clark	36-6	at Mill Creek with North Gwinnett	4-12-07
3. Melissa Hurt	33-9.25	Eagle Open	3-11-09
4. Kara Pollock	33-9	Mill Creek Classic	4-15-06
5. Laura Trim	33-3/4	Region	4-30-97
<b>6. Sierra Graves</b>	<b>32-8</b>	<b>Region 7-AAAAA Championships</b>	<b>4-26-10</b>
7. Brandi White	32-1/2	Spring Fever Rel. (Anderson, SC)	3-20-99
8. Shalett Doxie	32-1/4	Gwinnett County Championships	3-31-98
9. Laura McLaughlin	31-5.5	EAGLE OPEN-JV	4-17-03
<b>10. Bionca Thomas</b>	<b>30-2</b>	<b>Region 7-AAAAA Championships</b>	<b>4-26-10</b>

### Discus

1. Ana Ruiz	119-2	Coaches' Invitational	3-17-06
2. Aerial Clark	106-10	at Mill Creek with North Gwinnett	4-12-07
3. Valerie Mac	94-6	EAGLE OPEN-JV	4-17-03
4. Kachi Amauwah	94-2	at Westminster	4-16-08
5. Brandi White	93-5	Region 8-AAAA Championships	5-3-99
<b>6. Guin Joyce</b>	<b>92-0</b>	<b>Eagle Open</b>	<b>3-17-10</b>
7. Chris Johnson	90-6	at Mill Creek with North Gwinnett	4-12-07
8. Lindsey Gill	88-3	Gwinnett County Championships	3-27-02
9. Monique Medina	88-2	Eagle Open	3-23-06
10. Renee Ivey	86-6	Gwinnett County Championships	3-29-08

### Pole Vault

1. Karena Shell	11-0	GHSA State Championships	5-6-05
2. Jen Shogren	10-6	Region 8-AAAAA Championships	4-23-04

3. Megan Kellar	9-6	Region 7-AAAAA Championships	4-26-10
4. Sarah Gottschalk	9-0	Region 7-AAAAA Championships	4-5-09

#### Triple Jump

1. Nicole Okolo	39-7	Eagle Icebreaker Invitational	3-3-07
2. Nicole Brown	38-7.75	Coaches' Invitational at Georgia Tech	3-22-03
3. Rashant Matos	35-10.75	Mountain Brook Invitational (AL)	4-10-09
4. Jazmin Walker	35-2	Gwinnett County Championships	3-24-07
5. Taylor Phillips	35-1.75	Volunteer Classic (TN)	4-16-10
6. Brittany Edwards	34-7 1/2	at Parkview	4-10-01
7. Shameka Doxie	34' 5 1/2"	Region 8-AAAA Championships (Berkmar)	5-3-99
8. Aerika Miles	34-4	Gwinnett County Championships	3-27-10
9. Beverly Egolum	33-5.5	Peachtree Ridge Invitational	4-10-10
10. Chelsey Johnson	33-3	Coaches' Invitational	3-20-10

#### 4x100m Relay

1. Tillman, Champion, Ruiz, Brown	46.33	REGION 8-AAAAA MEET	4-30-03
2. TILLMAN, CHAMPION, RUIZ, NIMLEY	47.46	REGION 8-AAAAA MEET	4-28-03
3. Ventura, Luce, Tirado, Okolo	47.75	GHSA State Meet	5-5-06
4. Nimley, Champion, Okolo, Thompson	47.98	GHSA State AAAAA Trials	5-6-04
5. Phillips, Glover, Clarke, I. Ellis	48.1	GHSA State Trials	5-1-08
6. Nimley, Champion, Brown, Tillman	48.43	at Westminster	3-13-02
7. Nimley, Champion, Stancil, Thompson	48.44	Region 8-AAAAA	4-27-04
8. Phillips, Glover, Young, Garcia	48.66	Region 7-AAAAA	4-5-09
9. Glover, I. Ellis, Ventura, Neal	48.69	GHSA State Trials	5-3-07
10. Graves, C. Johnson, Garcia, Kellar	48.86	Region 7-AAAAA Trials	4-26-10

#### 1600m Run

1. Amanda Winslow	4:44.97**	GHSA State Championships	5-15-09
2. Jackie Drouin	4:49.69	GHSA State Championships	5-4-07
3. Nicky Akande	4:55.75c	Mobile Challenge of Champions (AL)	4-3-10
4. Natalie Florence	5:08.69	GHSA State Championships	5-5-2000
5. Ashley Colglazier	5:10.81	GHSA State Championships	5-7-04
6. Erin Guglielmo	5:11.63*	Taco Bell Classic	4-8-06
7. Allyson McGinty	5:14.11	Mountain Brook Invitational (AL)	4-11-09
8. Rachel Glotfelty	5:14.2	Gwinnett County Championships	3-30-99
9. Alexis Nichols	5:18.01*	Mill Creek Classic	4-15-06
10. Vicky Winslow	5:18.4	Peachtree Ridge JV Invitational	4-25-09

#### 400m Dash - Open

1. Lauren Tillman	56.05	GHSA State AAAAA	5-3-02
2. Symone Glover	56.24	Mobile Challenge of Champions	4-4-09
3. Morgan Dodd	57.44	GHSA State Championships	5-3-07

<b>4. Sydney Williams</b>	<b>57.94</b>	<b>Gwinnett County</b>	
<b>3-29-10</b>			
5. Shameka Doxie	58.66	Region 8-AAAA Championships	5-3-99
<b>6. Monique Bennett</b>	<b>59.88</b>	<b>State Trials</b>	<b>5-6-10</b>
7. Lydia Ruiz	1:00.27	WALTON 5-WAY	3-8-03
8. Chevy Vincent	1:00.34@	Region 7-AAAAA Champs	4-25-05
9. Sheila Eshraghi	1:00.78	Mill Creek Classic	4-16-05
10. Carmen Garcia	1:00.97	Georgia Challenge	3-14-09

100m Dash

1. Courtney Champion	11.53	STATE CHAMPIONSHIPS	5-10-03
2. Nicole Okolo	12.25	Mill Creek Classic	4-15-06
3. Symone Glover	12.36	Coaches' Invitational	3-20-09
4. Rayven Tirado	12.39	Region 7-AAAAA	4-25-06
5. Nicole Brown	12.48	gatfxc.com Invitational at Tech	4-14-01
6. Mohnette Nimley	12.59	WALTON 5-WAY	3-8-03
7. Pauline Ventura	12.74	Gwinnett County	3-24-07
<b>8. Bria Young</b>	<b>12.81</b>	<b>Region 7-AAAAA Championships</b>	<b>4-27-10</b>
9. Taylor Phillips	12.82	Carrollton Invitational	4-18-09
10. Imani Ellis	12.84	Gwinnett County	3-24-07

100m Hurdles

1. Nicole Okolo	13.83	Cobb-Gwinnett Challenge	3-11-06
2. Imani Ellis	14.34@	GHSA State Meet	5-1-08
3. Lauren Tillman	14.74@	STATE CHAMPIONSHIPS	5-9-03
4. Lindsay Luce	14.90	Gwinnett County Championships	3-27-06
<b>5. Chelsey Johnson</b>	<b>15.08w</b>	<b>Gwinnett County Championships</b>	
<b>3-29-10</b>			
<b>6. Beverly Egom</b>	<b>15.42</b>	<b>Region 7-AAAAA Championships</b>	<b>4-26-10</b>
7. Serenity Thompson	15.71	Region 8-AAAAA Finals	4-27-04
8. Katie Gezon	15.83	Region 7-AAAAA Meet	4-21-08
9. Brittany Neal	16.02	Gwinnett County Meet	3-26-07
10. Laura Zimmerman	16.52	Region 8-AAAA at Collins Hill	4-26-2000

800m Run

<b>1. Nicky Akande</b>	<b>2:09.3r</b>	<b>New Balance Nationals</b>	<b>6-18-10</b>
2. Amanda Winslow	2:10.45	Atlanta International Classic	5-30-09
3. Jackie Drouin	2:14.43	Gwinnett County Championships	3-27-06
<b>4. Sydney Williams</b>	<b>2:16.01</b>	<b>GHSA State Finals</b>	
<b>5-8-10</b>			
5. Erin Guglielmo	2:17.55	Region 7-AAAAA Meet	4-24-07
6. Rachel Glotfely	2:19.96	Gwinnett County Championships	4-2-99
7. Katie Wilson	2:20.9	STATE CHAMPIONSHIPS	5-8-03
8. Vicky Winslow	2:21.55	Atlanta International Classic	5-24-08
9. Ashley Colglazier	2:21.5r	Mobile Challenge (AL)	4-3-04
10. Sheila Eshraghi	2:22.29	GHSA State Championships	5-6-05

200m Dash

1. Courtney Champion	23.53	Adidas Outdoor Championships	6-14-03
2. Symone Glover	25.10	Carrollton Invitational	4-18-09

3.	Nicole Brown	25.40	GWINNETT COUNTY	4-2-03
4.	Rayven Tirado	25.57	Region 7-AAAAA	4-25-06
<b>5.</b>	<b>Sydney Williams</b>	<b>25.84</b>	<b>Gwinnett County Championships</b>	
	<b>3-29-10</b>			
6.	Lydia Ruiz	25.94@	EAGLE OPEN-JV	3-27-03
7.	Morgan Dodd	25.98	Region 7-AAAAA Meet	4-23-07
8.	Imani Ellis	26.04@	Eagle Open (PR, NG, NO)	3-20-08
9.	Shameka Doxie	26.14	Region 8-AAAA Championships	5-3-99
<b>10.</b>	<b>Carmen Garcia</b>	<b>26.23</b>	<b>Region 7-AAAAA Championships</b>	<b>4-27-10</b>

#### 300m Hurdles

1.	Imani Ellis	43.64	GHSA State Championships	5-5-07
2.	Lauren Tillman	44.41@	REGION 8-AAAAA MEET	4-28-03
3.	Lindsey Luce	45.5	Blessed Trinity, Norcross	3-1-06
<b>4.</b>	<b>Chelsey Johnson</b>	<b>45.84</b>	<b>Gwinnett County Championships</b>	
	<b>3-29-10</b>			
5.	Brittany Neal	46.21	Gwinnett County Meet	3-26-07
6.	Serenity Thompson	46.52	Region 8-AAAAA Finals	4-24-02
<b>7.</b>	<b>Ashlyn Diemer</b>	<b>47.49</b>	<b>Gwinnett County Championships</b>	<b>3-29-10</b>
8.	Katie Gezon	47.89	Gwinnett County Meet	3-26-07
9.	Chevy Vincent	48.23	Region 7-AAAAA	4-25-06
10.	Nicole Okolo	48.41	Region 8-AAAAA Championships	4-23-04

#### 3200m Run

1.	Amanda Winslow	10:19.79c	Nike Outdoor Nationals (NC)	6-19-09
2.	Jackie Drouin	10:38.05	GHSA State Championships	5-5-06
3.	Allyson McGinty	10:59.4	GHSA State Championships	5-1-08
4.	Natalie Florence	11:02.96	Region 8-AAAA Championships	5-5-99
5.	Erin Guglielmo	11:11.11*	Mobile Challenge (AL)	4-2-05
<b>6.</b>	<b>Nicky Akande</b>	<b>11:16.56c</b>	<b>Volunteer Classic (TN)</b>	<b>4-16-10</b>
<b>7.</b>	<b>Chloe Whitworth</b>	<b>11:20.30</b>	<b>Region 7-AAAAA Championships</b>	<b>4-27-10</b>
8.	Ashley Colglazier	11:23.03*	Mobile Challenge (AL)	4-3-04
9.	Alexis Nichols	11:32.36	Gwinnett County Championships	3-27-06
10.	Vicky Winslow	11:36.44	Coaches' Invitational	3-21-09

#### 4x400m Relay

1.	Ruiz, Champion, Brown, Tillman	3:47.34	STATE CHAMPIONSHIPS	5-10-03
2.	S. Williams, Akande, Garcia, Glover	3:50.76	GHSA State Finals	5-16-09
<b>3.</b>	<b>Bennett, Akande, Kellar, S. Williams</b>	<b>3:52.17</b>	<b>GHSA State Finals</b>	
	<b>5-8-10</b>			
4.	S. Williams, I. Ellis, Akande, Glover	3:53.6	GHSA State Meet	5-1-08
5.	S. Williams, Akande, Gezon, Glover	3:55.29	GHSA State Meet	5-3-08
6.	Dodd, Neal, Gezon, Glover	3:56.82	GHSA State Finals	5-5-07
7.	Dodd, Ellis, Neal, Glover	3:57.12	Coaches' Invitational	3-17-07
8.	Ruiz, Brown, Thompson, Tillman	3:57.45	GHSA State AAAAA	5-4-02
9.	Dodd, Luce, Guglielmo, Glover	3:58.28	GHSA State Championships	5-5-06
10.	Ruiz, Anderson, Brown, Tillman	3:59.31	GHSA AAAAA Championships	5-11-01

#### 400m - Relay Legs

1.	Courtney Champion	54.3r	STATE CHAMPIONSHIPS	5-10-03
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2.	Lauren Tillman	54.9r	TACO BELL CLASSIC (SC)	4-12-03
3.	Symone Glover	54.9r	GHSA State Finals	5-16-09
<b>4.</b>	<b>Sydney Williams</b>	<b>56.9r</b>	<b>Big Orange Relays</b>	<b>2-</b>
	<b>27-10</b>			
5.	Nicole Brown	57.0r	STATE CHAMPIONSHIPS	5-10-03
6.	Imani Ellis	57.3r	GHSA State Meet	5-1-08
7.	<b>Nicky Akande</b>	<b>57.4r</b>	<b>GHSA State Meet</b>	<b>5-8-10</b>
8.	<b>Megan Kellar</b>	<b>57.9r</b>	<b>GHSA State Meet</b>	<b>5-8-10</b>
9.	Morgan Dodd	58.3r	GHSA State Meet	5-3-07
10.	Shameka Doxie	58.3r	Region 8-AAAA Championships	5-5-99

#### 4x200m Relay

1.	Tillman, Champion, Brown, Ruiz	1:40.07	Adidas Outdoor Championships	6-13-03
2.	Glover, I. Ellis, Ventura, Dodd	1:42.55	McEachern Invitational	4-14-07
3.	Glover, I. Ellis, Clarke, Matos	1:44.12	Titan Relays	3-5-08
<b>4.</b>	<b>S. Williams, Kellar, Garcia, Bennett</b>	<b>1:44.16</b>	<b>Volunteer Classic (TN)</b>	
	<b>4-16-10</b>			
5.	Phillips, Holmes, Matos, S. Williams	1:47.63	Titan Relays	3-4-09
6.	Stephenson, N. Brown, Anderson, Tillman	1:48.22	Panther Relays (Starr's Mill)	3-17-01
7.	Dubose, Champion, Ruiz, Tillman	1:48.67	Shiloh Relays	3-16-02
8.	Nimley, Dubose, L. Ruiz, Brown	1:49.5	SHILOH RELAYS	3-15-03
<b>9.</b>	<b>C. Johnson, B. Egolum, Fredrick, Kellar</b>	<b>1:49.60</b>	<b>Big Orange Relays</b>	
	<b>2-27-10</b>			
10.	Luce, shell, stancil, okolo	1:49.97	Volunteer Classic (TN)	4-17-04

#### 4x800m Relay

1.	Akande, S. Williams, V. Winslow, A. Winslow	9:10.91	Nike Outdoor Nationals	6-20-08
2.	Akande, S. Williams, Crawford, A. Winslow	9:21.11	Taco Bell Classic (SC)	4-11-08
3.	J. Drouin, Raines, Nichols, Guglielmo	9:31.49	Mobile Challenge of Champions	4-1-06
4.	J. Drouin, Guglielmo, Dugger, Colglazier	9:33.27	Mobile Challenge (AL)	4-3-04
5.	J. Drouin, Eshraghi, Dugger, E. Gug.	9:33.29	Mobile Challenge (AL)	4-2-05
6.	Eshraghi, Dugger, Nichols, J. Drouin	9:41.95	Coaches' Invitational	3-19-05
7.	Crawford, V. Winslow, L. Brady, S. Williams	9:44.12	Mobile Challenge (AL)	4-5-08
<b>8.</b>	<b>S. Williams, Fredrick, Whitworth, Akande</b>	<b>9:45.44</b>	<b>Volunteer Classic (TN)</b>	
	<b>4-17-10</b>			
9.	E. Guglielmo, Dugger, Combs, J. Drouin	9:47.00	Cobb-Gwinnett Challenge	3-12-05
10.	S. Williams, V. Winslow, Beasley, Akande	9:48.38	Coaches' Invitational	3-15-08

#### 4x1600m Relay

1.	McGinty, Akande, V. Winslow, A. Winslow	21:01.45**	Coaches' Invitational	3-21-09
2.	Guglielmo, McGinty, Watkins, Drouin	21:27.15	Coaches' Invitational	3-16-07
3.	Akande, Crawford, McGinty, A. Winslow	21:35.56	Coaches' Invitational	3-14-08
4.	Guglielmo, Colglazier, Kinard, J. Drouin	21:37.49	COACHES' INVITATIONAL	3-20-04
5.	E. Guglielmo, Kinard, Combs, J. Drouin	21:46.52	Coaches' Invitational	3-19-05
6.	Nichols, McGinty, Raines, E. Guglielmo	21:58.78	Coaches' Invitational	3-17-06
<b>7.</b>	<b>Hooper, Akande, Whitworth, V. Winslow</b>	<b>22:25.16</b>	<b>Coaches' Invitational</b>	<b>3-19-</b>
	<b>10</b>			
8.	K. Wilson, Shell, Combs, Colglazier	22:46.6	gatfxc.com Invitational at Tech	4-14-01
9.	Wilson, Combs, Dugger, Colglazier	22:50.19	Coaches' Invitational	3-21-03
10.	Combs, Leffew, Fidler, Dugger	23:18.3	INDIAN RELAYS	3-13-04

Distance Medley Relay (1200-400-800-1600 or 800-400-1200-1600)

1.	Akande, Glover, Williams, A. Winslow	11:42.94***	Nike Outdoor Nationals	6-20-09
2.	Akande, S. Williams, V. Winslow, A. Winslow	11:59.44**	Vol Classic	4-17-09
3.	Colglazier, Blount, Guglielmo, J. Drouin	12:29.11	INDIAN RELAYS	3-13-04
4.	Guglielmo, Dodd, McGinty, J. Drouin	12:29.29	Eagle Icebreaker Inv.	3-3-07
5.	Akande, Diemer, S. Williams, A. Winslow	12:39.95	Eagle Icebreaker Inv.	3-1-08
6.	J. Drouin, Luce, Nichols, E. Guglielmo	12:44.6	Eagle Icebreaker Inv.	3-5-05
7.	Glotfelty, Doxie, Shell, Florence	12:46.53	Georgia Indoor	2-26-99
8.	J. Drouin, Luce, Guglielmo, Colglazier	12:50.0	EAGLE ICEBREAKER	3-6-04
9.	K. Wilson, Thompson, Kolleda, Daymude	13:12.0	Twilight Invitational	4-12-02
10.	Glotfelty, Doxie, Graham, Florence	13:13.76	Georgia Indoor	2-28-98

Sprint/Mile Medley (200-200-400-800)

1.	<b>Bennett, Garcia, Kellar, Akande</b>	<b>4:00.08</b>	<b>New Balance Nationals</b>	
	<b>6-18-10</b>			
2.	S. Williams, Garcia, Glover, Akande	4:01.82	Nike Outdoor Nationals	6-19-09
3.	<b>Bennett, Fredrick, S. Williams, Akande</b>	<b>4:05.98</b>	<b>Eagle Icebreaker Invitational</b>	
	<b>3-6-10</b>			
4.	Ventura, Okolo, Glover, J. Drouin	4:07.78	Eagle Icebreaker Invitational	3-3-07
5.	Glover, Young, S. Williams, Akande	4:09.5	Eagle Icebreaker Invitational	3-7-09
6.	Vincent, Glover, Dodd, J. Drouin	4:11.60	Eagle Icebreaker Invitational	3-4-06
7.	Champion, Brown, Tillman, K. Wilson	4:16.88	Shiloh Relays	3-16-02
8.	Walker, Young, S. Williams, Yates	4:21.25	Titan Relays	3-4-09
9.	Glover, Clarke, S. Williams, Akande	4:22.55	Eagle Icebreaker	
	<b>3-1-08</b>			
10.	Tillman, N. Brown, B. Anderson, Shell	4:27.62	GA H.S. Indoor Invitational	3-3-01

Swedish Sprint Medley (100-100-200-400)

1.	Nimley, Brown, Champion, Tillman	1:44.67	Coaches Invitational	
	<b>3-21-03</b>			
2.	Young, Garcia, S. Williams, Glover	1:46.48	Coaches' Invitational	
	<b>3-20-09</b>			
3.	Phillips, Clarke, I. Ellis, Glover	1:48.41	Coaches' Invitational	3-14-08
4.	<b>T. Phillips, Bennett, Garcia, S. Williams</b>	<b>1:49.02</b>	<b>Coaches' Invitational</b>	
	<b>3-19-10</b>			
5.	Ventura, Luce, Tirado, Glover	1:49.47	Coaches' Invitational	3-17-06
6.	Ventura, Ellis, Dodd, Glover	1:49.73	Coaches' Invitational	3-16-07
7.	<b>T. Phillips, Bennett, S. Williams, Akande</b>	<b>1:50.81</b>	<b>Big Orange Relays</b>	
	<b>2:27-10</b>			
8.	Tirado, Stancil, Nimley, Thompson	1:51.43	Coaches' Invitational	
	<b>3-20-04</b>			
9.	Stephenson, Nimley, Brown, Tillman	1:51.65	gatfxc.com Invitational at Tech	4-14-01
10.	Ventura, Luce, Glover, Dodd	1:51.98	Mill Creek Classic	4-15-06

**CROSS COUNTRY TIMES (5k)**

Collins Hill Girls - All-Time

1.	<b>Amanda Winslow</b>	<b>17:30</b>	<b>11-1-08</b>	<b>Region 7-AAAAA</b>
2.	<b>Jackie Drouin</b>	<b>17:36</b>	<b>11-05</b>	<b>Foot Locker Southeast Regional</b>
3.	<b>Natalie Florence</b>	<b>17:51</b>	<b>10-2-99</b>	<b>Wendy's - Charlotte, NC</b>

<b>4. Nicky Akande</b>	<b>17:55</b>	<b>11-7-09</b>	<b>GHSA State AAAAA</b>
5. Vicky Winslow	18:11	11-1-08	Region 7-AAAAA
6. Allyson McGinty	18:14	9-29-07	The Mill Run
7. Briana Crawford	18:42	9-29-07	The Mill Run
8. Alexis Nichols	18:48	11-05	Foot Locker Southeast Regional
9. Sydney Williams	18:54	11-1-08	Region 7-AAAAA
10. Erin Guglielmo	18:55	10-05	Region 7-AAAAA Championships
• Chloe Whitworth	18:55	11-1-08	Region 7-AAAAA